



PNODN Workshop 5/18/09 Overview of Activities

- **Wordball (2 times):**
Stand in a circle. One person starts by saying a word and “passing” it to someone across the circle by pointing to them and making eye contact (be specific and clear). That person then says the first word that comes to his/her head, and passes it along. This continues randomly.
- **Categories:**
Stand in a circle. The instructor will name a category (e.g. “Types of car”) and then we will go around the circle and each person names something that fits into that category (e.g. Honda, Mazda, etc). No repeats – you have to listen to what has previously been said. Once the category has been all the way around the circle, a new category is named.
- **Patterns:**
This game is played standing in a circle. In the first round, the group will establish one pattern – names – in which everyone in the circle says one person’s name. Practice that pattern until it is memorized. Then someone will initiate a second pattern (could be food, states, anything), and practice that pattern until it is memorized. Note that with each pattern, the person you are receiving and sending to should be different. Now practice running the first and second pattern at the same time. Add a third pattern, practice, and then try all three at once.
- **Yes, And Story**
Sit or stand in a circle. Pretend that all of you just went on vacation together, and where it is you went. The first person starts by saying, “Remember when we went on that awesome trip to blank?”, the next person in the circle starts her sentence with “Yes, and . . .” and fills in something that happened on the trip. This continues all the way around the circle until the trip ends. The only rules are that 1) what you say has to build off what the person before you said (i.e. no “aliens landed” in the middle of a story about a castle), and 2) If something happens on the trip, it happens to ALL of us – this keeps people from feeling singled out.
- **Dr. Know it All**
Three students stand shoulder to shoulder. Someone from the audience/class asks a question (e.g. “Why is the sky blue?”). The three students must answer this question as if they were one person: one word at a time (e.g. “Because” “it” “reflects” “the” “ocean”). The answer doesn’t have to be the correct one, it just has to make sense.

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